

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	DATES
WEEK ONE	<p>Sausage & Mixed Bean Cassoulet Crusty Bread</p> <p>Bananas & Custard</p>	<p>Chicken & Vegetable Tikka Masala Rice & Peas</p> <p>Apricot & Vanilla Flapjack</p>	<p>Breast of Chicken in Gravy New Potatoes Carrots & Broccoli</p> <p>Sliced Melon & Yoghurt</p>	<p>Root Vegetable & Mixed Bean Chilli Mashed Potato</p> <p>Chocolate Sponge & Ice Cream</p>	<p>Beef & Carrot Lasagne Peas</p> <p>Orange Wedges & Yoghurt</p>	<p>WEEK COMMENCING</p> <p>2 Sept 30 Sept 28 Oct 25 Nov 23 Dec 20 Jan 17 Feb</p>
WEEK TWO	<p>Breaded Fishcakes New Potatoes Baked Beans</p> <p>Arctic Roll</p>	<p>Pork Sausages in Gravy Mashed Potato Peas</p> <p>Banana & Yoghurt</p>	<p>Courgette, Red Pepper & Spinach Pasta in Herby Tomato Sauce Topped with Cheese</p> <p>Apricot Cookie</p>	<p>Mince Beef Hot Pot Sliced Potato Topping Carrots & Peas Crusty Bread</p> <p>Sliced Melon & Yoghurt</p>	<p>Chicken & Vegetable Casserole New Potatoes</p> <p>Cooked Apple Ice Cream</p>	<p>WEEK COMMENCING</p> <p>9 Sept 7 Oct 4 Nov 2 Dec 30 Jan 27 Jan</p>
WEEK THREE	<p>Swedish Meatballs Herby Tomato Sauce Pasta Twists Peas</p> <p>Orange Wedges & Yoghurt</p>	<p>Cottage Pie with Beef Mince, Carrots Topped with Mash Cabbage & Sweetcorn</p> <p>Arctic Roll</p>	<p>Oven Baked Jacket Potatoes</p> <p>Grated Cheddar (V) or Baked Beans (V) or Lettuce & Tomato</p> <p>Chocolate Brownie & Custard</p>	<p>Chicken & Vegetables in a Mild Mexican Style Sauce Boiled Rice</p> <p>Flapjack</p>	<p>Roasted Turkey in Gravy New Potatoes Cauliflower & Peas</p> <p>Sliced Melon & Yoghurt</p>	<p>WEEK COMMENCING</p> <p>16 Sept 14 Oct 11 Nov 9 Dec 6 Jan 3 Feb</p>
WEEK FOUR	<p>Vegetable, Potato & Lentil Curry Boiled Rice</p> <p>Swiss Roll</p>	<p>Chicken, Red Pepper & Sweetcorn Pasta in Tomato Sauce Topped with Cheese Peas</p> <p>Lemon Drizzle Cake</p>	<p>Baked Sausage Rolls New Potatoes Baked Beans & Sweetcorn</p> <p>Bananas & Custard</p>	<p>Turkey Leek & Potato Pie Mini Pastry Lids New Potatoes Carrots & Peas</p> <p>Sliced Melon & Yoghurt</p>	<p>Beef & Carrot Bolognese ½ Jacket Potato Peas</p> <p>Vanilla Sponge & Ice Cream</p>	<p>WEEK COMMENCING</p> <p>23 Sept 21 Oct 18 Nov 16 Dec 13 Jan 10 Feb</p>