



## Avoncroft Pre-School Nursery

### Early Help

At Avoncroft Pre-School Nursery we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support.

Early help is a way of getting extra support when you or your family needs it, but getting it as soon as the difficulties start, rather than waiting until things get worse. Help can come from all kinds of services and organisations who work together to support your family. You might be using some of these services already, but we want to make sure they are providing the right support for you and your family's needs.

It could be that you're worried about your child's health, development or behaviour, or perhaps because you are caring for a disabled child. Maybe your child is affected by domestic abuse, drugs or alcohol. Maybe you have had a bereavement in the family or someone close to your child is ill, or there has been a disruption to your family life and you are worried about the effect on them.

It could be that you yourself find times difficult and need advice with housing, debt, relationships or mental health issues.

If this is the case, please come talk to us. There are many ways our nursery can help and support you and your family.

### Useful Links

[NSPCC - Keeping Children Safe](#)

[Domestic Abuse Support](#)

[Childline](#)

[Harmony At Home](#)

[ERIC – Toileting Advice](#)

[Starting Well Partnership](#)

[Alcohol / Drugs abuse](#)

[Emotional Health and Wellbeing](#)

[Mental Health support](#)

[Child Tax Credit and Childcare Funding](#)

[Early Help Family Support](#)

[Help To Buy Food and Milk \(Healthy Start\)](#)