



## **September 2020**

Welcome to the 'Autumn' Term at Nursery and a special 'hello' to all our new children (Baylee, Carly, Edie, Finley and Matthew).

### **Curriculum**

The first week was used to help the children settle and get used to the nursery routines.

We are focusing on a colour each week as well as a number. We would like to encourage all the children to think about an item representing the colour of the week. The children's' interests are very important to us as they form the basis of our planning. (see separate planning sheet attached)

### **Parent information on Website**

[Starting Information](#)  
[Medication Forms](#)

[Term Dates](#)  
[Newsletters](#)

[Allergy Information](#)  
[Hot Dinner Menu \(when reinstated\)](#)

[Payment Information](#)

### **[Tapestry our assessment system and how your child's information is stored,](#)**

A form is required for any medication to be used whether prescribed or non-prescribed.

**[A parent letter and risk assessment on the current pandemic and how it affects our nursery has been sent out separately by email. Let us know if you have not received them.](#)**

### **Snack and Lunch Time**

All the children should have a labelled piece of fruit required for morning and afternoon sessions can be put in containers.

We continue to focus on exercise and healthy choices.

<https://www.nhs.uk/change4life-beta/healthier-lunchboxes>

If staying for lunch, we would suggest the following items in the lunch box

- ensure perishable contents of packed lunches contain an ice pack to keep food cool
- Sandwiches with a healthy filling, fruit, and milk-based deserts such as yoghurt or crème fraiche with spoon.
- We discourage sweet drinks and can provide children with water or milk.
- We discourage packed lunch contents that consist largely of crisps, processed foods, and sweet products such as cakes or biscuits.

**[Due to allergies in the setting we would appreciate it if you can avoid sending peaches or any peach products such as yoghurts.](#)**

## Dates for your Diary:

<b>Autumn Term 2019</b> (14 week Term)			
Tuesday 1 <sup>st</sup> September		Term Starts	
Monday 26 <sup>th</sup> October - Friday 30 <sup>th</sup> October (inclusive)		Half-term	
Friday 11 <sup>th</sup> December Christmas Party		End of Autumn Term	
<b>Christmas Concert</b>	1 <sup>st</sup> December 2020	Tuesday	1.45 (2.00 start) Large hall across the car park.
<b>Christmas Party</b>	11 <sup>th</sup> December 2020	Friday	12.00 – (2.15 Santa will be available dependant on COVID)

Please ensure all children have names in their coats and their wellingtons every day. When the weather is good, sun cream must be applied prior to coming to nursery. If your child is at nursery all day, please supply a labelled bottle of sun cream which we will keep ready to re-apply.

Children should be collected promptly throughout the week. Please telephone if you are running late so that arrangements can be made.

It is vital that your contact details are always correct. Please can you let us know if anything changes especially mobile phones.

Please fill in a [Holiday Form](#) to tell us of your child's absence from Nursery.

Please text or phone to let us know if your child is not attending due to any illness ([07749477553](tel:07749477553)).

## Symptoms

This is public health campaign that communicates advice about how you can help stop the spread of coronavirus (COVID-19), by promoting the main symptoms of coronavirus (COVID-19) and advising people to stay at home (self-isolate) and get a test.

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Key messages include:

- No one in your household should leave home if any one person has symptoms
- Find out how to get a test and how long to isolate at [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)

*The campaign has been updated as of 26.08.2020*

### **Collection Routine**

Please let us know if someone else is picking up your child. We will not let your child leave the premises with someone unless you have instructed us to do so. There is a collection sheet that is filled in by a member of staff when anyone other than the nominated (authorized) person / people recorded on the registration document collects your child.

### **Safeguarding**

All volunteers, trainees or outside professionals brought in to help will have been vetted through the DBS system and/or will always be under direct supervision.

Due to Covid- 19 risk assessments will be carried out for when outside professional visit. Where it is viewed not to be safe for the professional to come in a virtual opportunity might be provided. This will also be reviewed in accordance with internet safety.

### **Tapestry**

Over lockdown and the summer holidays, we have been blown away by the number of photo's and achievements sent to us via Tapestry and email. We would love to continue this. If you do anything special, the children have a WOW moment or even the children just want to show us something from home, please do not hesitate to send it via Tapestry. The children love to show the adult and their friends the photo's and this creates a good sense of community within our nursery.

We post one observation a week on Tapestry about what your child has achieved. If your child is absent or on holiday, please can you send us photo's of what your child has done or achieved.

## **For all new parents**

More detailed information about routines can be accessed in our on-line prospectus.

We post one observation a week on Tapestry about what your child has achieved. If your child is absent or on holiday, please can you send us photo's of what your child has done or achieved. The children love to show the adult and their friends the photo's and this creates a good sense of community within our nursery.

You will need two pieces of labelled fruit if your child stays all day, one for the morning and one for the afternoon.

The water bottles are kept in a tray accessible to the children – we suggest buying one of our own so that they get used to looking for his/her name, we also include a sticker for recognition purposes to help them.

At snack time, we help them pour water or milk into a cup to drink depending on what they require; they can also have milk at lunchtime and afternoon snack.

We are not allowed to provide squash due to Healthy Eating requirements and the amount of sugar they contain.

We ask you to bring a pair of wellingtons to be left at the nursery. There is a slot in line with their coat pegs at floor level. We love them to go outside but sometimes wellingtons are needed if the grass is wet.

Their named lunch boxes are placed by their pegs.

We get the children to eat their sandwiches or pasta or pitta first as they do at school.

We try and ask for parents to avoid things like sweets and keep to healthy options. There is a member of staff at each table to help open boxes etc.

I personally would avoid squeeze drinks with straws, or yoghurts that squirt. Water bottles can be used throughout the day.

A bag of spare clothes etc, comfort blanket can be left on their pegs.

The policies can be read on-line from the website - [www.avoncroftpreschoolnursery.co.uk](http://www.avoncroftpreschoolnursery.co.uk)

Activities we do can be located on our Facebook page.

I'm sure your child will settle in well.

The only thing I would ask is to label everything.

If your child is in distress, we will contact you.